

Workshop handout- Avoiding Dependency When Helping

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- 1) Our Worldview, paradigm, mindset. Do you see the people or the problem? What is your starting point? Do you see a problem to fix or people to love? What is your motivation?
- 2) Identity. Do you listen or are you someone who sees and thinks they understand all and tries to help immediately? Do you understand yourself? What are your gifts and personality type? Do you understand yourself enough to judge your motivation? Who are you?
- 3) Ground rules on helping without creating dependency.
 - a. Quote from Toxic Charity-“When we do for those in need what they have the capacity to do for themselves, we disempower them.”
 - b. Quote from Toxic Charity-“When relief does not transition to development in a timely manner, compassion becomes toxic.” There are consequences to this problem of toxic compassion. It changes the attitudes of the receiver. Eventually there will be resentment on the part of the receiver toward the giver. Why? Because at our core we are disturbed when we lose dignity and it affects us deeply.
 - c. Remember, we are each made by God. Loved by God. Each of us have a destiny for greatness no matter what has happened to us. We each are made with gifts in us we may not have realized yet and have the possibility of greatness. Restoration of Hope and Dignity are an enormous gift.
 - d. Make a plan. Relief may be the starting point but there needs to be a plan to move away from relief to steps of development. Limit one way giving to emergency situations. Each situation varies but the principle is the same. From the beginning there needs to be a plan for development and dignity.
- 4) Dependency-According to Glenn Schwartz -When we elevate humans as our source, the one to go to with our ongoing problems instead of God, this becomes idolatry. Dependency at its core is wrong for this reason. Dependency robs dignity and losing dignity damages us deeply having numerous negative ramifications.
- 5) Responsibility-who is to blame?

Reading list

Toxic Charity by Robert Lupton

Let's Build our Lives by Dr. Daniel E. Fountain, M.D.

Who I am in Christ by Neil T. Anderson

Dependency among Mission established Institutions by Glenn Schwartz

We are not the Hero by Jean Johnson

Victory over the Darkness by Neil T. Anderson

The steps to Freedom in Christ by Neil T. Anderson

Reference

<https://www.facebook.com/JayShettyIW/videos/1864243130556810/>

<https://crazymissionarystories.wordpress.com/>